## **CLAIMS**

## I claim:

- 1. A method for providing security to a transceiver user comprising:
  - a) transmitting information, including a period of time, from a transceiver to a computer; and
  - b) unless the computer is instructed otherwise by the transceiver user, transmitting information from the computer to an emergency service provider after the period of time has elapsed.
- 2. The method of claim 1 wherein an alert is transmitted from the computer to the transceiver when the period of time has elapsed.
- 3. The method of claim 1 wherein the transceiver user must transmit a personal identification number in order to prevent transmission between the computer and the emergency service provider.
- 4. The method of claim 1 wherein the transceiver user must initiate a second transmission of information to the computer in order to prevent transmission between the computer and the emergency service provider.
- 5. The method of claim 1 wherein the transceiver is a cell phone.
- 6. The method of claim 1 wherein the information further comprises text data.
- 7. The method of claim 1 wherein the information further comprises voice data.
- 8. The method of claim 1 wherein the information further comprises a visual image.
- 9. The method of claim 1 wherein the information further comprises the transceiver's location.
- 10. A method for providing security to a cell phone user comprising:
  - a) entering information into a cell phone by pressing a series of keys, the information comprising in encoded form,
    - i. at least one telephone number connecting to a computer server, andii. a cell phone user specified period of time;
  - b) transmitting the information from the cell phone to the computer server;

- c) receiving a call on the cell phone from the computer server after the period of time has elapsed; and
- d) unless the cell phone user answers the call and enters a predetermined personal identification number into the cell phone, transmitting a message from the computer server to an emergency service provider, wherein the message comprises at least one of the following:
  - i. a request for help;
  - ii. location data acquired by utilizing at least one of the following,
    - 1. global positioning systems,
    - 2. geographic information system,
    - 3. automatic number identification system,
    - 4. automatic location identification systems, or
    - 5. the cell phone user;
  - iii. text data:
  - iv. voice data, or
  - v. a visual image, and

wherein the emergency services provider is at least one of the following,

- i. law enforcement,
- ii. fire department,
- iii. paramedics, or
- iv. military
- 11. An apparatus for alerting an emergency service provider of an emergency, comprising:
  - a) means for receiving from a transceiver information which includes a transceiver user specified period of time and a user personal identification number;
  - b) means for transmitting to the transceiver an alert after the period of time has elapsed; and
  - c) means for transmitting to the emergency service provider the information if the period of time has elapsed and the user's personal identification number has not been received.
- 12. The apparatus of claim 11 wherein the means for receiving is a computer.

- 13. The apparatus of claim 11 wherein the means for transmitting an alert and the means for transmitting the information are telecommunications devices.
- 14. The apparatus of claim 11 wherein the period of time is embodied in a code.
- 15. An apparatus for providing security to a user of a first means for transmitting, comprising:
  - a) first means for transmitting information which includes a user specified period of time and a user personal identification number; and
  - b) first means for receiving an alert after the period of time has elapsed.
- 16. The apparatus of claim 15 wherein the first means for transmitting and the first means of receiving are separate devices.
- 17. The apparatus of claim 16 wherein the first means for receiving is a cell phone.
- 18. The apparatus of claim 15 wherein the period of time is embodied in a code.
- 19. The apparatus of claim 15 further comprising:
  - a) second means for receiving, from the first means for transmitting, information which includes a user specified period of time and the user's personal identification number;
  - b) second means for transmitting, to the first means for transmitting, an alert that the period of time has elapsed; and
  - c) third means for transmitting, to an emergency service provider, the information if the period of time has elapsed and the user's personal identification number has not been received.